

WORKSHEET

PICK 7 DREAMS TO TURN INTO '**SMART**' GOALS



SPECIFIC



MEASURABLE



ASSIGNABLE



RELEVANT



TIMELY

GOAL 1

S

M

A

R

T

GOAL 2

S

M

A

R

T

GOAL 3

S

M

A

R

T

GOAL 4

S

M

A

R

T

WORKSHEET

PICK 7 DREAMS TO TURN INTO '**SMART**' GOALS



SPECIFIC



MEASURABLE



ASSIGNABLE



RELEVANT



TIMELY

GOAL 5

S

M

A

R

T

GOAL 6

S

M

A

R

T

GOAL 7

S

M

A

R

T



*What do you want to achieve? Greater riches? Cheaper chickens? A happier life, a longer life?
Is it power over your neighbours that you are after? Are you only running away from your death?
Or are you seeking greater wisdom, deeper piety?*

ERWIN CHARGAFF

ACTION PLAN

RECORD AN **ACTION PLAN** FOR EACH GOAL

INCLUDE OBSTACLES TO OVERCOME, RESOURCES REQUIRED & PEOPLE WHO CAN HELP

GOAL 1 [NEXT 5 STEPS]

1

2

3

4

5

GOAL 2 [NEXT 5 STEPS]

1

2

3

4

5

GOAL 3 [NEXT 5 STEPS]

1

2

3

4

5

GOAL 4 [NEXT 5 STEPS]

1

2

3

4

5

ACTION PLAN

RECORD AN **ACTION PLAN** FOR EACH GOAL

INCLUDE OBSTACLES TO OVERCOME, RESOURCES REQUIRED & PEOPLE WHO CAN HELP

GOAL 5 [NEXT 5 STEPS]

1

2

3

4

5

GOAL 6 [NEXT 5 STEPS]

1

2

3

4

5

GOAL 7 [NEXT 5 STEPS]

1

2

3

4

5